A Member of the



Cheshire Homes Society of British Columbia

COMMUNITY REPORT 2022



MOVING TOWARDS INDEPENDENCE



President's Message

I am pleased to pause and recognize the entire team of staff for your service and dedication far beyond what anyone could or would have expected of you as we struggled with COVID-19. While the pandemic was challenging for CHSBC, and the vulnerable people that we serve, we came through it professionally. On behalf of the Board of Directors I would like to commence by thanking you all for enduring these challenges and continuing to provide support services.

It has been a great pleasure for me to have continued to serve as President of Cheshire Homes Society of British Columbia (CHSBC) and to represent the Leonard Cheshire Disability Global Alliance as National Chairperson, as well as the Chairperson of the Americas Region.



As Chairperson of the Americas Region, I feel fortunate to have a position on the Leonard Cheshire Disability Global Alliance Council. The sharing of ideas and experience is key to our success. We continued to participate in strengthening our ties with the Global Alliance hosting the Global Alliance Council Meeting in Vancouver from May 8 to 10, 2022, with participants coming from the continents of Africa, Asia, Europe, and North America. Together, we are committed to improving the quality of the lives of persons with disabilities and supporting the implementation of the United Nations Sustainable Development Goals.

The meeting was officially opened following a blessing and song from an indigenous leader of the ancestral lands upon which the meeting was being held. The meeting was very productive and renewed our collective interest in advancing the aims and aspirations of the Alliance. We were also able to tour the meeting participants and show off the CHSBC sites and programs with great pride. Our "Steps To Independence" model of service delivery is unique and highly regarded. I am continuously inspired by the success stories of clients meeting their goals and how the staff supports them in that process.

During our meetings, it was agreed that it was important to have a chairman for Global Alliance Council. After some deliberation I was elected to assume the position of Chairperson of the Leonard Cheshire Disability Global Alliance for the next three years.

With each successive annual meeting our common bonds of friendship and commitment become stronger. We continue to trade ideas and grow in our understanding of ways and means to make our world a better place for persons with disabilities.

Following this, CHSBC has also become the new home of the Secretariat. CHSBC's affiliation with the Leonard Cheshire Disability Global Alliance supports expanding our services and being advocates for persons with disabilities. Since being involved as the secretariat, we have participated in several meetings and have taken the lead in coordinating and sharing information. Global Alliance members are united by a desire to change attitudes towards disability around the world, and supporting each other through sharing skills and experience. It continues to be a privilege for me to be part of this process and worthwhile cause.



President's Message

In June, we had our 3rd CARF Survey, and I'm pleased to report that we received a further three-year accreditation certificate. Everyone involved should all be congratulated on their achievements. I was also encouraged by some of the comments within the accreditation report, which were very positive and demonstrates that we are performing well against an applied set of standards. Some examples include:

- CHSBC has a succinct strategic plan that ties into various committees and is linked to its performance measurement and management and performance improvement systems.
- The board members represent a variety of disciplines that benefit the organization. Board members are proud of the work being done and the services provided by CHSBC.
- The leadership team is strong and cohesive. It demonstrates a great teamwork approach that stands out with team members complimenting each other. It is evident that the leadership is passionate about the clients and staff of the organization.

I want to thank all the CHSBC staff and managers, led by our executive director Mark Rattray. I have appreciated their commitment and resiliency in their preparation for accreditation with CARF, and always keeping a positive attitude through challenging times.

I continue to find my role with the Board of Directors challenging and rewarding. We are fortunate given the professionalism and dedication of the directors. With worthwhile and valid contributions by all, we have continued to look forward strategically with systematic reviews of our policies and goals. I want to express my appreciation to every member of the Board of Directors.

I We have much to learn and much to do, as we take careful and measured steps to continue our never-ending pursuit of a better and more rewarding quality of life for the people we serve. We are united in our ambition of creating more opportunities for persons with disabilities in our communities and to make a positive difference to their lives.

Thank you all for your continued support, I look forward to next year with optimism as we position ourselves for the future.



Message From the Executive Director

This fiscal year was more of a challenging year for Cheshire Homes Society of British Columbia (CHSBC), as we entered the third year of a pandemic; however, there was room for optimism as vaccine programs were implemented. Unfortunately, a small number of our employees chose not to take the vaccine for their own personal reasons, which was required for healthcare settings. This obviously impacted various sites as well as the ongoing issues with recruitment and retention of employees. We faced a number of staffing shortages at some sites, and while we have brought a number of new staff on board, recruitment continued to be a challenge for many organizations in our sector. Without the flexibility of our staff, who are committed to what we do, services would have been severely impacted. I would like to thank all of our staff for their commitment and dedication to providing excellent support to the people we serve during these challenging times.



Throughout the course of the year, we faced some financial challenges at some of our sites, where we strive to ensure individual sustainability, and had to make necessary adjustments. We continued to look for efficiencies in in our operations, yet ensure that we were able to continue to meet the needs of our clients and staff effectively.

The Global Alliance Council (GAC) Meeting had been postponed for the past two years and was held in May, attended by a number of international delegates. On May 11th, the participants went on a tour of some of our sites and went to CHSBC Head Office for lunch and presentations. The lunch was well attended of approximately 35 people, including persons-served, program managers, case managers and funding agencies. There was an overall presentation about CHSBC and our services, which was well received. The GAC participants were really pleased to see how CHSBC managed and operated the programs. It was wonderful to hear that the organization received a lot of positive feedback from the GAC participants and stakeholders present at the tour.

The ongoing involvement of the Occupational Therapist Leadership Coach is proving to be very successful with improving the standards of service delivery to our clients. Initiatives included training on SMART goals and developing tools for managers and staff to complete Functional Skills Observations of clients to assess their abilities and prepare plans to support them to do tasks independently. This professional input has certainly standardized practice and improved the quality and professionalism of service delivery throughout the organization.

Much work and continued progress took place toward the three-day Commission on Accreditation of Rehabilitation Facilities (CARF) accreditation survey, which took place from Jun13th – 15th, 2022, through an online communication platform. The surveyors conducted direct and confidential interview with our clients, staff and stakeholders, as well as reviewing organizational documentation and direct observation at the sites.



Message

From the Executive Director

As a result of the survey, CHSBC was issued a further CARF Three-Year Accreditation applied to the following service(s):

Community Housing – King Edward House, Bodie and Dunbar Houses

Community Housing (Medically Fragile) - Larkin House

Community Integration - All sites

Supported Living – Langley Timbers Apartments Program and Community Support Services

Governance Standards Applied

CARF recognized and congratulated our diligent and successful efforts to maintain our accreditation. They noted that our team's effort ensured that the intent of the standards was understood and that the plans, policies, and procedures were implemented. We were happy to note that one of our funders stated that CHSBC is looked upon as the go-to organization for several of the services in the are clients appear to be very satisfied with the services they receive, family members expressed a high level of satisfaction with the support provided and the funding agencies were very enthusiastic in their praise of CHSBC. Some quotes from the report highlights the level of satisfaction:

"CHSBC has created a culture where the staff members feel supported and appreciated. The staff members appreciate the flexibility and dedication of all personnel to follow the motto "do with, not for." The staff members reflect how the organization is truly centred on the clients and their needs and everyone feels the strong focus on the care of the clients. The staff members noted feeling confident and safe while working with the clients due to the training and support from CHSBC."

"The clients report that they are treated with respect and dignity at all times. Clients feel supported by staff members in achieving independence in all areas. Several clients mentioned that, if they were not with CHSBC, that they would not be able to live on their own. Some of the words that the clients used to describe staff members were kind, friendly, understanding, patient helpful, comfortable and respectable."

"As a result, collectively we demonstrated our commitment to Continuous Quality Improvement and achievement of accountability, positive outcomes, a person-centered and interdisciplinary approach to service delivery, teamwork within the organization, comprehensive financial management and an overall improvement on client services.

"I would therefore like to thank all of our staff and managers for their commitment and dedication to providing excellent support to the people we serve. Through our organisational values, and inspiring staff, gives CHSBC provides a solid foundation for CHSBC to build upon.

All of our work is done under the guidance of a knowledgeable and dedicated Board of Directors who believe in the work of the organization and plan for its future. Thank you to the members of our Board of Directors who continue provide support, good governance and guidance to the organization. Their commitment and ongoing support is very much appreciated.



Message

From the Executive Director

I look forward to 2023 with excitement in pursuit of our mission and engaging with our partners from different sectors to provide services to persons with disabilities in the communities of their choice!

In the coming years ahead we shall dedicate ourselves to achieving the goals of the strategic plan and work tirelessly to place the interests of the people we serve at the heart of our entire decision making. At Cheshire Homes Society of British Columbia we will create opportunities to support more people with disabilities in our communities and make a positive difference to their lives. I look forward to working with you all in achieving our mission and vision!





About Us

The Cheshire Homes Society of British Columbia (CHSBC) was incorporated on October 3, 1973 (No.10478) as a charitable, not-for profit society by a group of individuals interested in providing support to persons with disabilities under the guiding principles of Group Captain Lord Leonard Cheshire.



1. Mission

To support persons with disabilities to achieve their level of independence and enhance their quality of life through innovative services, education and community integration



2. Vision

Cheshire Homes Society of British Columbia will be a recognized leader and dependable brand in delivering best practices and achieving successful outcomes for persons with disabilities



3. Values

Cheshire Homes Society of British Columbia values the clients that they serve, staff, volunteers and stakeholders through relationships that are of quality, meaning and purpose, promoting ability out of disability.

Our Values are represented under four key words whereby we recognize that each person has the right to:

- Acceptance
- Empowerment
- Independence
- Opportunities

Cheshire Homes Society of British Columbia

Our Programs and Services



The model of service delivery we developed has six steps of diminishing support. Our clients start and move through the steps depending on their level of ability.

Within each step, the programs are tailored to meet a wide variety of rehabilitation needs including transitional, longer term, supported living apartments and community support/integration (also referred to as outreach support or life skills development).

Our clients are supported with moving towards independence in *Activities of Daily Living (ADLs)* and *Instrumental of Daily Living (IADLs)*. We provide our clients with the opportunity to learn the skills and strategies to help them for difficulties in these areas.

Key Components

to the sucess of our programs

"We do it WITH clients, not for Clients"



Individual Support Plan (ISP)



Individual Program Plan (IPP)



Action Meetings



Functional Skills Observations (FSO's)



Quarterly Progress Reports (QPR's)



Community Inclusion and Integration

Steps to Independence



Community Housing



- **Transitional**
- 24 Hour Supported Apartments

Supported Living



- **Shared Support**
- **Tenant Support**
- **Community Support**

We strive to include clients in the community, events, programs and health and social supports in an effort to support them to develop natural resources and supports. As most clients contracts are time bound. it's important to ensure clients are accessing or know how to access resources should they desire to if/when services are no longer required.

"Optimal Level of Independence"





Our Sites

King Edward House

The site was designed as a licensed wheelchair accessible, transitional rehabilitation residence for up to six clients recently discharged from hospital. Its goal was to provide clients with intensive, short-term structured program to address their social, cognitive, emotional and life skill needs, as well as community integration. Today King Edward House often accommodates clients discharged from hospital who are experiencing difficulties establishing themselves with families and society as well as other individuals previously living in the community requiring a greater amount of support to develop functional life skills.

Larkin House

The site was opened for clients with complex care needs. This 5 bedroom home is wheelchair accessible and located in Port Coquitlam. This site was one of the first of its kind to provide intensive care for medically complex adults who has sustained a severe traumatic brain injury. It is equipped with a ceiling lift system, custom bath, and radiant floor heating.

Clients at Larkin House typically remain in the program over a longer term, with some having resided there for over 20 years. All clients are actively involved in their care and have specialized means of communication to ensure their on-going participation in their program. Families are highly involved in the care provided. Guardians and committees play a role by participating in monthly client meetings and individual program and service plans.

Bodie and Dunbar Houses

Bodie and Dunbar Houses, a 6 bedroom duplex model, were first was opened to address the need for slower stream rehabilitation programs for clients who required additional time greater than our King Edward House transitional program.

The intent of the program was to provide a continuum of service from the more supported model in Step 2 to living independently with the same availability of staff support in the basement suites of the step 3, 24 hour Supported Apartment Program



Bonsor Apartments

In 2008, CHSBC opened the Bonsor Apartments Program in Burnaby, in 2011 the East 7th Apartments Program was established in East Vancouver. Due to the diminishing numbers of clients residing in the East 7th Apartment building, in May 2017, the program closed its program office and continued to serve clients out of the Bonsor Apartment Program. Over this period, this newly combined program began providing Community Support Services

Langley Timbers Apartments

After identifying that Community Support Services was providing support to multiple clients residing within the buildings of the Langley Lions Housing Society (LLHS), CHSBC partnered with the Fraser Health Authority (FHA) and LLHS to create the Langley Timbers Apartment Program; a program that mimics the services provided at other CHSBC apartment based programs. In this program, the housing is subsidized through the LLHS and clients are able to remain in their subsidized units if/ when they reach a point in their life skills development that they no longer require CHSBC support and can live independently.

Fraser Heights

The Fraser Heights Apartments Program was established in Vancouver in 2002. In 2006, following an RFP process, Vancouver Coastal Health began globally funding this program. The program capitalizes on shared and tenant support whereby direct, and indirect services are offered to clients in an integrated community based setting. The apartments are located a short distance from King Edward House and are close to shopping, hospital services, recreation centers and transit. The program supports 15 clients in their own apartments within the building. CHSBC operates an on-site office at the Fraser Heights Apartments Program location that doubles as a "drop in". Rehabilitation Care Workers support the clients, with supervision from the Program Manager and Program Coordinator of the Program.

Community Support Services (CSS)

In 2005, Community Support Services was established to address a need for support for clients living in their own homes. The program grew and subsequently CHSBC provides services to approximately 170 clients living in their own homes from Vancouver to Hope.

People We Serve





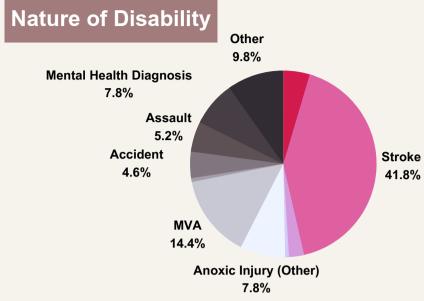
Client demographics in categories of gender, age, ethnicity, and spiritual affiliation are also tracked to ensure services are client focused and client appropriate.

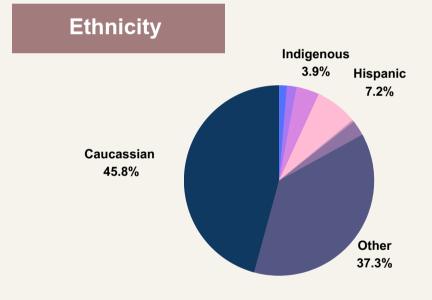
In 2021/2022, the majority of our clients identified as male with 72% male, 28% female and 0% identifying other or no gender. (in 2020/2021 we had 65% male, 35 % female vs 2019/2020 86%, 14% as female).

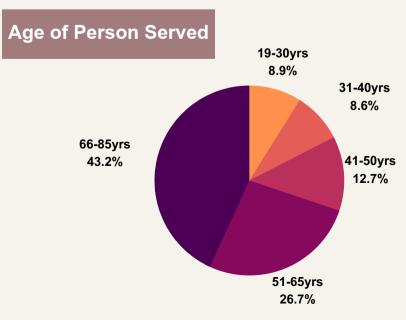
Over ten languages were identified by clients as their first language. The greatest number of clients speaks English, followed by "Other" which would include languages not currently defined e.g. Ethiopian.

The client population remains diverse; the most significant numbers were 47% identified as European, 39% as Asian, 11% as "other" and 3% as Indigenous.

Forty-nine percent of the clients reported having no spiritual affiliation; 32% were affiliated as Christians, and 5% as "other", 3% as Buddhist.









Our Team



CHSBC is committed to recruit and retain our best qualified staff to ensure that we could provide the best quality of services to the community. Our teams conducts regular evaluations on recruitment and retention, Performance Assessment and Training & Developments for improvement purposes.

Our staff are required to keep their skillsets up to date to provide the clients with the best health care standard and practices.

In addition, we have a team of professionals to support developing life skills, behavioral and health care plans designed specifically for the client. Our practice is to enlist these professionals when appropriate (e.g. when community resources are unavailable/ have been exhausted) to provide support with referrals, transitions and to managers and staff care plan recommendations and guidance.

Recommendations and care plans are included in the client's Individual Support Plan (ISP), which our staff are required to follow closely in order to provide the most consistent support using best practices.



Contracted Professionals

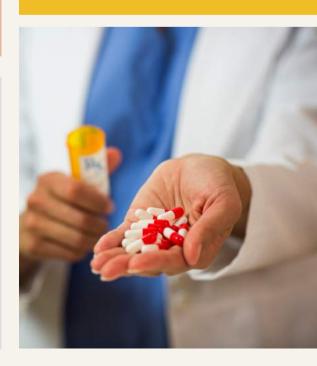
Occupational Therapist

Physiotherapist

Registered Nurse

Registered Dietician

Clinical Consultant
Pharmacist







Our Staff

As of October 31, 2022, CHSBC has 123 staff in total. 65% of our staff is Casuals, 8% Full Time and 27% Part Time. The majority of our staff are females at 79% and male at 21%.

Our staff are culturally diverse and speaking overall includes 8 different languages. CHSBC demonstrates an awareness of, respect for, and attention to the diversity of the people with whom we interact (person served, staff, family/caregivers, and other stakeholders) that are reflected in attitudes, organizational structure, policies and services.

We have a Cultural Competency and Diversity Plan in place to address how to respond to the diversity of its stakeholders as well as how the knowledge, skills, and behaviors will enable our staff to work effectively cross culturally by understanding, appreciating, and respecting differences, and similarities in beliefs, values, and practices within and between cultures. CHSBC strives to make our services accessible to the clients.

Continuous Quality Improvement (CQI)

In our organization, 'Quality' is providing the very best services to the clients with the available resources.

The level of quality is measured by the degree to which CHSBC meets and/or exceeds the expectations and/or desires of it's clients and is in conformance with the standards of its funders, accrediting agency, and our own CQI Program.

The Strategic Plan, Risk Management Plan, Performance Management Plan, Accessibility Plan, Cultural Competency and Diversity Plan, Technology Plan are regularly reviewed to ensure that standards of excellence in the delivery of services to our clients is maintained and continuously upgraded.

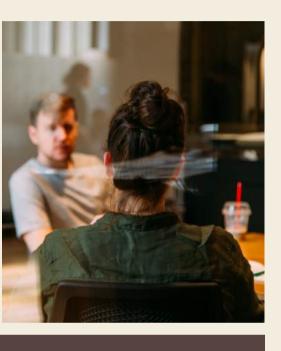




Cheshire Homes Society of British Columbia

Leonard Cheshire Disability

Accredited



In June 2022, Cheshire Homes of British Columbia (CHSBC) has been accredited with the Commission on Accreditation of Rehabilitation Facilities (CARF) in the areas of Community Housing, Supported Living and Community Inclusion.

The survey lasted for a three days period at the programs through an online communication platform.

The surveyors conducted direct and confidential interview with our clients, staff and stakeholders.

This is the third accreditation that the international accrediting body, CARF, has awarded to our organization. This achievement is an indication of CHSBC's dedication and commitment to improving the quality of the lives of the persons served over the year.

CARF issued the CHSBC Survey Report in July 2022. According to the CARF report, CHSBC services, personnel, and documentation clearly demonstrated an established pattern of conformance to standards. We deliver a high-quality service that are valued by the clients served, families, and other stakeholders. Our leadership and staff members are enthusiastic and committed to the organization's mission. During the survey, our organization was described by its stakeholders as always going above and beyond expectations for the clients and for being very professional

Our organization is very well regarded in relation to its programs along with its policies and procedures. Our stakeholders also noted that CHSBC comes from a clinical person-centered approach and philosophy. Testimonials from our clients express a great deal of respect and appreciation to the organization and its staff members for everything they do. CHSBC homes are described as pleasing, suitable, and safe. Our organization has a strong dedicated focus on teamwork. CHSBC seeks out opportunities to recognize the staff members for their longevity and the work they have done.



In September, the client satisfaction survey was distributed by email and made available online to all clients. A total of 39 clients (of approximately 233) responded to the survey (compared to 21 last year).

In regards to staff interactions, clients said:

"Workers are awesome. They take time to chat and help."

"The staff is very supportive and provide ideas"

"The staff respect me and they treat me like a human being at Bodie house"

"I am happy with my progress with my CSW"

In regards to the benefits of and the things clients liked about CHSBC services, Clients said:

"I feel happier living independently here much more than before."

"Independence has increased dramatically"

"The place feels like home to me. I feel open here and that I can be myself"

"I have become more responsible. My rent paid on time & bills."

"I have achieved many goals"

"I am taken care of here. I eat on time and have food in my refrigerator"





While some individuals were not satisfied with aspects of CHSBC services, the overall survey results were positive. Some highlights from this year's survey that reflect the success of the programs include:



94% of those that completed the survey said you were satisfied or very satisfied with the support you receive from CHSBC (95% in 2021)



91% of those who responded said they were satisfied with the goals that they work towards with staff (91% in 2021)



88% of respondents felt that you have a clear understanding of your goals to have increased independence (90% in 2021)



91% of clients reported that their quality of life improved since receiving CHSBC services (95% in 2021)



78% said you were satisfied with the Action Meetings you participate in (80% in 2021)



The areas where you reported your quality of life most improved were living skills, cognitive functioning, housing, and medication management!





CHSBC

FINANCIAL OVERVIEW

We are thankful for the ongoing support and commitment from Fraser Health Authority (FHA) Vancouver Coastal Health Authority (VCHA) and Community Living of British Columbia (CLBC) for providing us with the majority of the funding that allow us to provide our services and programs.

In addition, we would like to also thank British Columbia Ministry of Justice Worksafe BC, and Interior Health for their continuous support over the year.



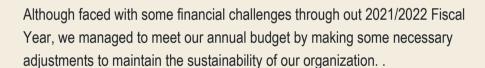












We experienced a decrease in client admissions due to the ongoing global pandemic and Covid-19 restrictions and social distancing rules. The organization managed to increase the number of staff to 123 staff compared to 2021 (111 staff). We are still experiencing staff shortage as we have more clients that are still waiting to commence our services.

CHSBC continues to remain financially stable, and through careful planning,







Client Stories



Tyler

Tyler has been working towards his health and fitness goals and made great strides getting stronger. Tyler often gets support from his key worker. As pictured, Tyler is well versed on the seated row and leg press machines.

Godwin

Godwin really likes to spend time with his daughters who are then home from school (the youngest ones), as well he really, really enjoys looking at holiday decorations. Godwin's youngest daughter made him a new holiday decoration and he just loves it. Especially because it has jingle bells on it. He likes to see and hear the sounds of jingle bells!



James Larsen

Described as one-of-a-kind, James Larsen has volunteered with March of Dimes B.C. for over seven years. Wearing a great many hats, James serves as a mentor to stroke survivors; advises the planning committee and acts as both tech support and DJ for Sea to Sky Aphasia Camp; delivers presentations about living with aphasia based on his lived experience; and, during the pandemic, launched a Canadawide virtual Musical Minds program in order to bring joy to others. MODC and other organizations for whom he volunteers advise that James is "the absolute epitome of a gracious, giving, kind, exemplary human being."





Employee Satisfaction Survey



Employee feedback this year shows that we continue to provide excellent service and support, but that there is still work for us to do:

- 86% of respondents agree that CHSBC's work positively impacts people's lives.
- 83% of respondents are inspired to meet their goals at work.
- 82% of respondents agree that they feel safe in their work environment.
- 89% of respondents agree that CHSBC is dedicated to diversity and inclusiveness.



Renna Williams

Our Events and Contests



As the Global Pandemic shows some promising progress and the social restriction regulation being lifted, we have started to hold the clients events in the community.

The contest and events were held to improve client engagements and to motivate the clients to achieve optimal level of independence.



Clients were asked to send in a photo and write up of them taking part in their favorite summer activity. The best picture will be rated for a chance to win and be featured in CHSBC August Newsletter.

Costume Contest

On Halloween, our organization held the Costume Contest to engage with the clients. The contest was also a platform for clients to show off their fun and creative costumes.



Smart Goal Contest

Clients are motivated to set their goals towards independence through SMART (Specific, Measurable, Achievable, Realistic, Timely) Goals contest. The contest allows clients to set their owns goals and work to achieve the goals throughout the year.



Winter Contest

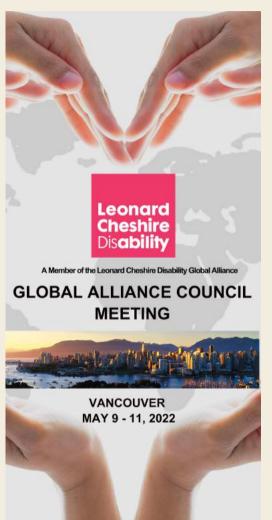
At the beginning of the winter season, our clients were encouraged to decorate their homes with winter their favorite winter decoration. They will send their winter decoration pictures to be rated, and the best decoration gets to win the prize!



Langley Timbers BBQ!
Back in July, a BBQ
was held at a park
close by our Langley
Timbers site.

Leonard Cheshire Disability Global Alliance





On May 9th – May 11th, CHSBC hosted the first in person Global Alliance Council Meeting after the Pandemic in Vancouver, British Columbia. The three-day events were attended by the council members from Europe, Southern West Africa, South Asia Reg, and the Americas Regions. The meeting was a success, and there were a lot of meaningful discussions taken place in the meeting.

During the meeting, all members of the Alliance updated on their organizations Covid-19 situation, the challenges faced and how the members are coping with the worldwide ongoing pandemic. The issue concerning the continuation of the Global Alliance Secretariat support was addressed in the second day of the meeting. As the result, it was decided that it is best to have a chairman for the Global Alliance Council. David Anderson was nominated as the chairman, and he accepted the nomination. David Anderson will hold the position as the Global Alliance Council Chairman for the next three-year period.





In August 2022, the Leonard Cheshire Disability Global Alliance Council decided to hand over the Global Alliance Secretariat that was previously handled by the Leonard Cheshire Disability UK to the Cheshire Homes Society of British Columbia due to the ongoing issues that happened in the Leonard Cheshire Disability UK. The handover and transition were done in a short timeframe. During the transition, a survey was developed and sent to the organizations affiliated with the Leonard Cheshire Disability Global Alliance to seek wider perspectives and inform decision-making with regards to the future of the Alliance.







Lord Leonard Cheshire

CHSBC Founder

It all began with our founder.

On 22 May 1948, former RAF pilot, Leonard Cheshire took a dying man, who had nowhere else to go, into his home.

With no money, Leonard nursed the man himself. They became friends and this one act of kindness saw many more people coming to Leonard for help, people who were keen to share a home with others and all chip in together.

Together we will carry on the work of our founder Lord Leonard Cheshire and make a difference in the life of the people we serve.

We would like to thank our clients and stakeholders for all of their continuous support and trust on us.



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